

Accessible For All - #3DaysInBucks

Visit Buckinghamshire, the birthplace of the Paralympics.

As the birthplace of the Paralympics, Buckinghamshire and The Chilterns is a fantastic inclusive tourism destination to visit. Enjoy an abundance of things to do and see at some of the county's best attractions which are accessible for all.

Enjoy three days discovering what Buckinghamshire and The Chilterns has to offer.



Paralympic Lighting Ceremony

Day 1 – Stoke Mandeville and Aylesbury Vale

On your first day in Buckinghamshire, we suggest spending the day in and around Aylesbury Vale, the birthplace of the Paralympics. Stoke Mandeville is most famous for being the home of the Paralympics. On the 29th July 1948, the day the Olympic Games opened in London, Dr Ludwig Guttmann, a doctor at Stoke Mandeville Hospital, staged the Stoke Mandeville Games on the hospital grounds. Two teams of former servicemen and women competed in wheelchair archery as part of their rehabilitation programme. This was the first competition that would form the birth of the Paralympic Games, with athletes from across the globe flocking to participate in various Paralympic sports.

National Paralympic Heritage Centre

The National Paralympic Heritage Centre at Stoke Mandeville Stadium celebrates and explore the unique history of the Paralympic movement.

The museum has a variety of displays which celebrates the life and work of Professor Sir Ludwig Guttmann, key milestones in the journey from the 1948 Stoke Mandeville games to present day Paralympic Games and the stories of the Paralympians. There are also items that have been used in the games including a goalball, para hockey blade and running blade, plus medals, photographs and tickets. The centre also tells the story of the development of wheelchair sport.

To find out more about getting to the Heritage Centre and its accessibility, [please click here](#).

Waddesdon Manor

We then suggest taking a visit to the outstanding National Trust property, Waddesdon Manor. Built for Baron Ferdinand de Rothschild in the 1870s to display his collections and entertain the fashionable world, Waddesdon is one of Buckinghamshire's most iconic and popular attractions.

Here you can explore stunning landscaped gardens, an aviary, wine cellars and Renaissance style chateau.

You can also enjoy lunch or afternoon tea in the Manor Restaurant or The Stables or enjoy a spot of retail therapy in the two gift shops, one of which includes an excellent wine selection.

Waddesdon Manor is a fantastic place to visit and to ensure your visit is as comfortable and enjoyable as possible they have produced a comprehensive [accessible visitor guide](#).



Waddesdon Manor, A Rothschild House and Gardens

Aylesbury Waterside Theatre

In the evening, book a show at the UK's newest theatre, The Waterside Theatre in Aylesbury. Inspired by the rolling hills of the Chiltern countryside, the theatre offers world-class entertainment including electrifying West End productions, unparalleled comedy, stunning dance and the best children's shows.

The theatre is the most accessible in the UK and offers a range of inclusive services including adopting the Sunflower Lanyard scheme. This initiative enables those with a hidden disability who may require additional help to be easily recognised and assisted as needed. More information on their accessible guide can be found [here](#).



Aylesbury Waterside Theatre, Aylesbury

Looking for somewhere to stay?

The Travelodge sits directly opposite The Waterside Theatre in the centre of the town, which makes a convenient and easily accessible choice. Blue badge parking for the hotel is free.

You also have Hartwell House, a National Trust property which sits on the outskirts of Aylesbury, around a 5-10 minute drive. This beautiful country house makes a luxury place to stay during your visit to Buckinghamshire and they offer a range of facilities for guests including fully accessible bedrooms, bathrooms and lavatories, accessible entrances including access ramps, and designated or assisted car parking. Assistance dogs are also welcome.

Day 2 – Roald Dahl Museum and Chinnor & Princes Risborough Railway

Roald Dahl Museum and Story Centre

From Aylesbury, head to Great Missenden, home and resting place of one of the UK's most loved writers, Roald Dahl. An easy 20 minute drive or 15 minute train takes you to the heart of the picturesque Chiltern town of Great Missenden. Enjoy a morning exploring the Roald Dahl Museum and Story Centre finding out about the inspiration behind his stories, taking a peek into the author's original Writing Hut and discovering his other passion - flying!

A step-free site, the Museum and Shop are fully wheelchair and push chair accessible. They also have accessible toilets, tactile maps, a hearing loop, and audio transcripts of audio-visual presentations. They also have British Sign Language interpretation throughout the Museum via the Museum's Signly app. For more information, please click [here](#).



Roald Dahl Museum and Story Centre, Great Missenden

The Grange, Hearing Dogs Trust

On your way to your next stop at Chinnor and Princes Risborough Railway, stop off at the new unique and innovative café and restaurant at Hearing Dogs for The Deaf for a spot of lunch. The Grange serves delicious, healthy breakfast and lunches as well as afternoon tea, all at affordable prices. [Everyone is welcome](#) at The Grange, which offers state-of-the-art design - with acoustics in mind - to enhance diners' listening experience. Features include acoustic flooring, 'sound clouds' on the ceiling, and a hearing loop for those with hearing aids.

With step-free access and plenty of parking, this is a fab place to eat, and you can leave knowing that your visit supports Hearing Dogs for Deaf People's life-changing charitable work.

After you have enjoyed a bite to eat, it is time to get back to your journey and onto visiting the wonderful Chinnor and Princes Risborough Railway.

Chinnor & Princes Risborough Railway

This award-winning heritage railway is a great destination for every age! You can catch a train from either their Princes Risborough or Chinnor Station. Enjoy an afternoon tea on their vintage steam train and enjoy the leisurely ride through the stunning Chiltern Hills countryside and enjoy the wildlife, including the red kites whirling overhead.

The station caters for all visitors, including those who are less able. Both stations have level access suitable for wheelchair users and a disabled toilet, plus ramp access when boarding a train. It is best to call ahead before travelling so the staff are informed. For more information, [click here](#).



Chinnor and Princes Risborough Railway, Chinnor

Set at the foot of the Chiltern Hills and only a short drive away from the railway, why not stay overnight at the modern Mercure Thame Lambert Hotel? It's close to the M40, making it easy and accessible for your third and final day.

Day 3 – Stowe and Bletchley Park

Stowe Gardens & Stowe House

On your final day, head to one of the most extraordinary legacies of Georgian England - Stowe House & Gardens - which has been attracting visitors for over 300 years. Its creator, Lord Cobham, set the 250 acres of gardens, including temples and monuments, to reveal his beliefs about the politics and morality of the day.

Start your day with a visit to Stowe House, which was built as a temple in the gardens. Discover its fascinating stories of how scandal, intrigue and debt brought one of England's richest families to its knees and the house close to demolition.

For information on Stowe House accessibility, please click [here](#).

After a tour of the visitor centre at the house, visit Stowe Gardens which were gifted to the National Trust. A period of restoration began and now you have picture-perfect views, winding paths and lakeside walks to discover.



Stowe House and Gardens, National Trust

There is a great café on site, as well as a visitor centre and shop. At Stowe Gardens you can find mobility buggies, plenty of car parking for people with disabilities, and toilets with full accessibility. Assistance dogs are allowed in the café and shops. For visitors with mobility impairments there are two evacuation chairs on the first floor, so they can be safely evacuated in case of emergency. For a full access statement, please click [here](#).

Note: Stowe House is not a National Trust property and separate admission prices apply.

Bletchley Park

After exploring Stowe House & Gardens and taking lunch, it is time to visit Bletchley Park (approx. 30-minute drive), the award-winning heritage attraction that was once the top-secret home of the World War Two codebreakers.

Explore the 19th Century Victorian Mansion, Codebreaking Huts and Blocks, Nissan Huts, The National Radio Centre, and immersive onsite exhibitions including a new D-Day exhibition. There is plenty to see and do here for everyone, an afternoon is not enough – you will have to come back and visit another day!

To download their full accessibility statement, please click [here](#).



Bletchley Park, Milton Keynes

This is just a snippet of what can be found in Buckinghamshire when it comes to accessible tourism. There is plenty more to discover in and around this beautiful county.

Head to our website at www.visitbuckinghamshire.org/ for more ideas and inspiration on what to see and do in Buckinghamshire and The Chilterns.